

Warming herbal stamp massage RELAXING | WARMING | SOOTHING

Our herbal stamp massage combines the soothing warmth of sesame oil with the aromatic scents of selected herbs. The warm herbs, wrapped in cotton cloths, unfold their effect directly on the skin – releasing tension, promoting blood circulation and providing a gentle exfoliation. This treatment combines warmth, massage, herbal medicine and aromatherapy. Body and mind find peace – for noticeable relaxation and new energy.

60 minutes | € 150

Full body massage with beeswax wrap immune system boosting | warming | pampering

A warming ginger and honey foot bath prepares your body and senses for your treatment. You will then enjoy a personalised full-body massage with our invigorating honey and ginger massage oil. A relaxing rest period with a beeswax wrap and heat pack rounds off your wellness experience. Finally, you will be served a hot ginger tea.

75 minutes | € 185

Wellness massage with rosemary Invigorating | Strengthening | Warming

Experience deep relaxation with a soothing back and head massage, accompanied by the invigorating scent of rosemary. The treatment promotes blood circulation, strengthens the immune system and brings body, mind and soul into balance. A subsequent rest period with a warming mud pack relieves tension and provides a noticeable sense of well-being.

60 minutes | € 150

Warming candle oil massage BALANCING | PAMPERING | WARMING

Enjoy a soothing full-body massage with warm beeswax oil, refined with calming honey and invigorating ginger extract. The combination of warmth, natural active ingredients and massage relieves tension, nourishes the skin and brings body, mind and soul into harmony. Your time out is rounded off with a cup of spicy ginger tea.

60 minutes | € 150

Further information & booking: www.dastegernsee.de/en/spa

